

# Beginning Oil Painting, Parts 1 and 2

Instructor: Joanne Burney

## Materials List

NOTE: *Oil paint materials can be toxic. The following list includes materials that are **non-toxic (NT)**, have **low-toxicity (LT)** or are considered “**toxic (TX)**”, that is, potentially harmful. Some people have allergies to solvents, others to mediums, others to linseed oil itself. Some pigments are considered toxic to everyone.*

*In this class I will emphasize good health and safety practices along with good aesthetic ones. If you have allergies, asthma or known chemical sensitivities, I suggest you use only non-toxic materials and, where unavoidable, materials of the least toxicity. READ the comments for clarification. If you are unsure, please call me.*

### REQUIRED

- Easel – floor or table, your choice
- Drop Cloth
- Newspaper
- A full roll of paper towels
- At least two clean glass jars with lids.
- Note paper and pen/pencil for taking notes.

### FOR THE SECOND SESSION

- Bring in a canvas that has been “toned”. To tone your canvas, take a color such as Burnt Sienna, Burnt umber, raw umber, Chromium Oxide Green, or a mixed brown or gray and mix it with ½ + ½ Liquin and Solvent. Spread it on the canvas and wipe off to leave a thin film of color.

Material	QTY	Comments
Oil Paint Tubes (small or medium): 1. Ultramarine blue 2. Cadmium Yellow Light OR a comparable such as Winsor or Hansa Yellow 3. Cadmium Red (med.) OR a comparable such as Winsor Red. 4. Black (Mars or Ivory)	1 each	Get the best quality you can afford. Rather than get a set of 12 or more tubes of “student grade” paints, get professional grade paints from a reputable company (e.g., Holbein, Winsor & Newton, Gamblin, M. Graham <b>(NT/LT)</b> , Shiva, Webber). I have attached a list of brands.  <b>NOTE: You can get water-soluble oils and not have to get solvents.</b>
Oil Paint Tubes (large): 1. White (I like Permalba by Webber.)	1	If you can, get a mix of Titanium and Zinc whites. Permalba offers that. If not, just get Titanium white.
Brushes (at least three): 1. Round, # 6 or 8 2. Bright, at least ½” wide 3. Flat, at least 1” wide	1 each	Hog Bristle, or Bristle, brushes are a good, traditional choice. You can also use synthetic brushes, but get sturdy ones. Sable is lovely, but expensive and you don’t need that YET. Get larger brushes rather than tiny ones. <b>BUY THE BEST BRUSHES YOU CAN AFFORD.</b> Some good brands are Robert Simmons (esp. Signet), Langnickel, Winsor & Newton.
Mediums: 1. 1 small bottle of alkyd resin.	1	Get Winsor & Newton’s “Liquin <b>(T)</b> ” if you can handle turpentine or toxicity. Get W. Graham’s “Walnut Alkyd Medium <b>(NT)</b> ” if you can’t. It can be ordered on line from Dick Blick.
Solvents: 1. 1 pint of Gamsol <b>(LT)</b> or		Gamsol <b>(LT)</b> is an odorless mineral spirits that has low volatility. It is good for cleaning

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2. Turpenoid (LT)		brushes, and is less harmful used outside.
Brush Cleaners (OPTIONAL): 1. 1 pint of Natural Turpenoid (NT) or 2. CARE (NT) by Conklin 3. Waterless Brush cleaner (available in art supply stores) 4. AND a bar of Ivory soap.	1	You will not need these if you use a solvent and IVORY bar soap. Some people like these so if you are using them, keep on. They are good for cleaning your brushes after class, before you take them home and wash with Ivory soap. Natural Turpenoid is made with citrus oil It's not great, but it's good if you're allergic. "Care" (NT) is good for cleaning brushes but must be special ordered. We can discuss this the first night of class.
Canvas: 1. Primed and stretched canvas, NO SMALLER than 11 x 14".	2-6	You can work as large as you like. Bear in mind that you will have only one class session per painting, so you may not finish it.
Palette: 1. One traditional wooden palette (rubbed with linseed oil and allowed to dry) OR 2. 1 plastic palette with lid, in which paint can be stored over the days between classes OR 3. A pad of palette paper (You can make your own paper palettes using freezer paper and a flat, hard, palette-like surface and tape.	1....	You can get one palette or one pad of palette paper. If you wish to make disposable palettes yourself to save costs, I will discuss that early in class.
Paper towels and cotton rags	Varies	You need these for wiping up.
Palette knife or knives.	1	A cheap plastic assortment (set) is fine.

## OPTIONAL:

**You may want more colors of paint and more brushes. I will discuss this in class. If you are eager to get more materials now, here are some suggestions.**

### Suggested supplemental colors:

1. Alizarin Crimson (a first choice)
2. Cerulean Blue
3. Cobalt Blue
4. Permanent Green (or any other green you really like)
5. Raw and/or Burnt Sienna
6. Raw and/or Burnt Umber (a first choice)
7. Viridian Green (a first choice)

### Suggested supplemental brushes:

1. I highly recommend "Filberts"
2. Any assortment you like. Remember to buy the best brushes you can afford (Robert Simmons, Langnickel, Winsor & Newton are good brands). One or two small ones brushes are fine, but avoid too many small ones.

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## Suggested oil paint brands to buy:

- [Blockx Artist Oil Colors](#)
- [Da Vinci Artists' Oil Colors](#)
- [Gamblin Artist's Oil Colors](#)
- [Grumbacher Pre-Tested Oils](#)
- [Holbein Artist's Oil Colors](#)
- [John Howard Sanden Pro-Mix Portrait Oil Colors](#)
- [Lefranc & Bourgeois Artist Oils](#)
- [M. Graham Oils](#)
- [Maimeri Puro Oil Colors](#)
- [Old Holland Classic Oil Colors](#)
- [Pebeo Fragonard Oil Paints](#)
- [Rembrandt Artists' Oil Colors](#)
- [Schmincke Mussini Oil Colors](#)
- [Schmincke Norma Oil Colors](#)
- [Sennelier Artists' Extra Fine Oil Paint](#)
- [Shiva Signature Oil Colors](#)
- [Weber Permalba Oil Colors](#)
- [Williamsburg Handmade Oil Paint](#)
- [Winsor & Newton Artists' Oil Colors](#)

## Suggested Resources:

While there are good local stores such as Meininger Art Supply, Guiry's, Jerry's Artarama (also on line), Micheal's and Hobby Lobby, there are many good suppliers on line and the savings makes up for the shipping costs. Here are a few:

Jerry's Artarama on line <http://www.jerrysartarama.com/>

Dick Blick <http://www.dickblick.com/>

Art Supply Warehouse [www.artsupplywarehouse.com](http://www.artsupplywarehouse.com)

Cheap Joe's Art Supplies [www.cheapjoes.com](http://www.cheapjoes.com)